

Hands on

Volunteering Teams
for Rural and
Natural Heritage



EUROPEAN
SOLIDARITY
CORPS

with the support of European
Solidarity Corps Programme
of the European Union

ERASMUS + VOLUNTEERING TEAMS IN HIGH PRIORITY AREAS

The European Solidarity Corps aims to promote solidarity as a value. The volunteering teams in high priority areas, aim to carry out short-term interventions in the field of European cultural heritage, responding to environmental and social challenges. Through volunteering teams pretend to enhance the engagement of young people in accessible and high quality solidarity activities and to contribute to strengthening cohesion, solidarity, democracy and citizenship in Europe, with effort to promote social inclusion.

INFO KIT

60th International Volunteer Workcamp

RESTORING TRADITIONAL DOVECOTES

23RD APRIL TO 09TH MAY

Aldeia de Uva
Vimioso • Portugal

www.palombar.pt



Formal learning, gain a sense of solidarity and community in working on subjects that transgress national borders.

Project goal: Create an opportunity for a group of young people to be agents in the conservation of rural heritage, both cultural and natural.



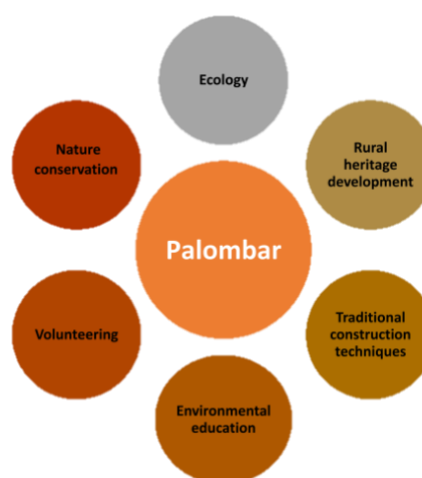
WHO IS THE ORGANISATION?

Palombar

Associação de Conservação da Natureza e do Património Rural
(Association for Nature and Rural Heritage Conservation)

Palombar is a non-profit organization, founded in 2000, whose main goals are conserving agricultural, wild and forest ecosystems, as well as preserving its built heritage and respective traditional construction techniques.

Its mission is to preserve natural and built heritage, ensuring their continuity by conserving resources and transmitting knowledge, through a pedagogical and cooperative approach which is expected to be enriching to individuals and to bring dynamism to the rural world.



WHO ARE THE PARTNERS ORGANISATIONS?

Union Rempart

Union Rempart is a French association, supporting a network of traditional and sustainable building organisations, with over 50 years of experience in the field of safeguarding heritage through development and training of youth. The team of Union Rempart who will be involved in this project has gained professional experience through carrying out its mission and work methodology for various years and in various relevant areas: organisation of educational activities similar to the workcamps, dynamisation of activities with young people as active agents, heritage restoration and traditional building techniques and working in a network with diverse international partners. Union Rempart has built up a vast body of experience with Erasmus+ programmes.



Dragodid

The Croatian foundation Dragodid was founded in 2007, its beginnings dating back to 2002, when the first international drywall workshop was held in the village of Dragodid near Komiža in Vis. The main activities of the association are the organisation and conduct of drywall workshops and conducting research on dry wall heritage in collaboration with local partners, dry stone masons and experts in local traditions. In order to strengthen this partnership, Palombar will explicitly invite Croatian volunteers to our Workcamp Restoration Traditional Dovecot, through the network of Dragodid on the Adriatic coast, a region with geographical and cultural boundaries similar to our own.



WHERE DO WE WORK?

We are located in Uva (Vimioso) in the Northeast of Portugal, near the Douro River and in an area that borders with Spain and which is commonly known as the Miranda Plateau. Even though it is a very small village with only a few inhabitants, it is home to more than 30 traditional dovecotes and other priceless heritage elements – both built and natural.

Palombar work in Trás-os-Montes region, an exceptional and authenticity area, due to its isolation and abandonment during the past decades.

WHERE WILL YOU WORK AND STAY?

Address Antiga Escola Primária / 5230-232 UVA (Vimioso) / Portugal



Explore

<http://www.palombar.pt/pt/>

<http://www.valesdevimioso.pt/>

<http://www.natural.pt/portal/pt/AreaProtegida/Item/5>

<https://www.cm-vimioso.pt/pages/88>

WHAT WILL YOU LEARN DURING THIS HERITAGE VOLUNTEER WORKCAMP?

The practical objective of this workcamp will be the restoration of dry stone walls, benefiting the community of Uva in a very direct way, and at the same time preserving tangible (the dovecote) and intangible (the building techniques) elements of cultural heritage.



Planned works

- Cleaning old debris;
- Removing the existing plaster;
- Rebuilding the dovecotes' walls wherever necessary;
- Restoring the roof;
- Preparing the limestone mortar;
- Whitewashing the walls.

In addition, Palombar will organise leisure activities aimed at the volunteers' integration in the local community and their discovery of the region's extraordinary natural and cultural heritage. Among these activities will be a visit to:

- Traditional Dovecotes' Interpretation Centre;
- Centro de Valorização do Burro de Miranda, a donkey farm, in Atenor;
- Bathings in the river Angueira
- Algosó Castle and birdwatching in the castle tower;
- Miranda do Douro and Visit São João das Arribas' Hillfort;
- PINTA- Discovering the park.



Extra activities

During the Workcamp Traditional Dovecot, Palombar will organize a two day workshop on traditional building techniques that will be open to local community members. The goal of this Complementary activity is to enrich the experience of the workcamp for our international volunteers, by having them work together with local participants and learning other (varieties of) techniques, as well as to offer experiences of exchange enriching to the local community.

Integration in the local community + discovery of the region's extraordinary natural and cultural heritage + Workshop traditional building techniques

WHAT ABOUT THE ACCOMODATION?

Upon arrival will be accommodated in the community center of Uva, consisting of a spacious dormitory with bunk beds, two bathrooms with hot shower and toilet, a fully equipped industrial kitchen and an outdoor sheltered eating area.

WHAT SHOULD YOU BRING?

- ✓ Passport or identity card;
- ✓ Working gloves;
- ✓ Sleeping bag;
- ✓ Comfortable work clothing (don't forget to bring warmer clothing for the cold spring evenings);
- ✓ Clothing for leisure;
- ✓ Safety shoes for work and beach shoes;
- ✓ A warm sleeping bag and a head torch for the night;
- ✓ Towels;
- ✓ Swimsuit;
- ✓ Sun hat;
- ✓ Raincoat;
- ✓ Typical recipes, instruments, music, specialties from your country of origin.

If you are a European citizen, you should ask for your European health insurance card.

Keep in mind that bringing valuables (Computer, camera etc.) with you is at your own risk and responsibility. In the event of breakage or theft, neither Palombar or the sending association can be held responsible!

Complementary info

Being an isolated territory the mobile phone network in the village is very low or almost nonexistent; The dovecote that will be restored are at a walking distance from the volunteers' accommodation.

HOW TO FUND YOUR PARTICIPATION TO THE ERASMUS + VOLUNTEERING TEAMS IN HIGH PRIORITY AREAS

Palombar and/or partner organizations will support participants in making all necessary travel arrangements, cover the volunteers with an all-inclusive personal accident and civil responsibility insurance. We support you with a travel grant.

Place of origin	Grant per participant	Grant per participant in case of "green" travel
France	€ 275,00	€ 320,00
Portugal	€ 180,00	€ 210,00
Croatia	€ 275,00	€ 320,00

Erasmus + volunteering teams in high priority areas, aims to promote a responsible behavior and environmentally sustainable project and activities. Participants that use a low emissions means of transport (bus, train or car-sharing) will receiving a green travel grant.

Budget

All cost are covered, including food, accommodation and insurance during your stay except travel costs. You must organize the journey to and from the camp place by yourself and at your expense. Considering the remote place where the field of work will take place, you should find a transport to Vimioso, where we will go to meet you to take you to Uva. Furthermore you can bring your own pocket-money.

Food and meal

Meals will be made looking for the use of local foods, with both omnivorous and vegetarian meals being balanced. Tell us if you have any food restrictions.

Telephone and internet

In case of need we ensure the use of internet and printer.
OUR TIPS To have the best time possible.

Pocket Money

5€ per day.

HOW TO REACH THE HERITAGE SITE?

We arrange transport at the moment of arrival and departure from/to one of the nearest bus destinations, as there is no public transport to Uva from any of them.

41°29'28.3"N 6°30'41.0"W

Palombar location

Info for meeting

- Meeting point: Vimioso, Sendim, Bragança, Mogadouro or Miranda do Douro.
- All volunteers who do not come by car should meet, on 23 April, preferably in Vimioso (at the bus stop), although Sendim or Bragança is also an option. From both arrival destinations, they will all be driven to Uva.

Arrival and departure

Arrival day – 23 April

Departure day – 9 May

Access to the site

Bus station – Vimioso; Distance Vimioso – Uva: 15 km

Bus station – Sendim; Distance Sendim – Uva: 21 km

Bus station – Miranda do Douro; Distance Miranda do Douro – Uva: 27 km

Bus station – Mogadouro; Distance Mogadouro – Uva: 30 km

Bus station – Bragança; Distance Bragança – Uva: 73 km

How to access our site

By Plane

To: Lisbon or OPorto

Websites:

www.ryanair.com

www.easyjet.com

www.flytap.com

www.airfrance.com

By Bus

From: Paris

To: Bragança

Company: Eurolines

Website: <https://www.eurolines.de/en/home/>

By Bus

From: Oporto

To: Vimioso

Company: Rede Expresso

Address: Campo 24 de Agosto, Porto

Tel: +351 222 005 637

Website: www.rede-expressos.pt/en

By Bus

From: Lisbon

To: Vimioso

Company: Rede expresso

Address: Gare do Oriente, Lisboa

Tel: +351 218 956 850

Website: www.rede-expressos.pt/en

**If you need help, we will be happy to help you
find transport to a bus stop near UVA**

ACTIVITIES PROGRAMME

60th International Volunteer Workcamp 23rd April to 9th May

The workcamp will run from 23 April to 9 May. Day 23 April will be the day of arrival, and the work's beginning on July 24th. The works take place from 24 until the 8th of May, leaving day will be at 9th of May. The daily work day will start at 7:00 am until 1:00 pm, and most of the afternoons will be reserved for leisure activities. The reconstructing works will be led by a traditional/sustainable construction technician who will be providing information about the daily works, exposing both theoretical and practical explanation of the techniques to be performed. Depending on the needs, the team can be distributed in small subgroups of work, developing parallel activities.

Daily Schedule

- 07:00 – 13:00 **Restoring traditional dovecotes**
- 13:00 – 15:00 **Lunch break**
- 15:00 – 19:30 **Leisure activities**
- 19:30 – 21:30 **Dinner time**

The leisure activities will be an invitation for the volunteers to discover the region's natural and cultural richness: Palombar will prepare hiking and bird watching trips, visits to the closest towns and other interesting sites (Algozo Castle, a donkey farm, region's museums), as well as encounters with the local community. Leisure activities will be held daily in the afternoon.

Visit to the Traditional Dovecotes' Interpretation Centre; – Trip to Centro de Valorização do Burro de Miranda, a donkey farm, in Atenor; – Hiking to the Algozo Castle and birdwatching in the castle tower; – Trip to Miranda do Douro and Visit São João das Arribas Hillfort; – Visit to PINTA - Discovering the park; – Trip to Vimioso Thermal Pool

Extra activities

Workshop Traditional Building techniques 24/04/2021 – 25/04/2021 integration in the local community + discovery of the region's extraordinary natural and cultural heritage + Workshop traditional building techniques.

DO NOT HESITATE TO WRITE US!

Contact person before the project starts:

Américo Guedes

e-mail americoguedes@palombar.pt

T 00351 926 862 971

Palombar Association

e-mail palombar@palombar.pt

Palombar adress Antiga Escola Primária, 5230-232 UVA (Vimioso) · Portugal

Accommodation Salão do Povo, 5230-232 Uva (Vimioso) · Portugal

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